**PERSONALITY Practice Questions**

1. Describe one trait theory of personality.

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(6 marks)

1. Tamara has recently chosen to move to the city to study at university. Her parents give her financial assistance by paying for her rental accommodation and groceries. Tamara likes the people she has met and she believes that the other students in her course are friendly towards her. However, Tamara misses seeing her family and her best friend whom she grew up with. Her family think that she will be very happy and successful after she finishes her studies, but Tamara actually wants to work in her family’s business.

Analyse Tamara’s personality using one aspect of a humanistic theory of personality.

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(4 marks)

1. Describe one strength of psychodynamic theories of personality.

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(2 marks)

1. A psychologist was asked to make a personality assessment about a 5-year-old child who was often aggressive. The psychologist identified behaviours that she considered aggressive and then kept a numerical tally of these.  Identify the form of personality assessment used by the psychologist.

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(2 marks)

1. Tyson often presents his opinions in an angry way. He thinks that this leads people to ignore his opinions. Tyson wants to present his opinions without getting angry so that people will listen to him.
   * (a)  Describe two ways in which assertiveness training could be used to increase Tyson’s level of assertiveness.

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(4 marks)

* + (b)  Describe one ethical issue related to a psychologist using assertiveness training as an intervention to assist Tyson.

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(2 marks)

1. Personality traits are often described as dimensions of personality that exist on a continuum. One such personality dimension is introversion-extroversion. Discuss the dimension of introversion-extroversion according to one trait theory you have studied this year.

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8 marks [KU1]

1. Describe one form of personality assessment that could be used to measure the personality trait of neuroticism.

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4 marks [A2]

1. You are working as an organisational psychologist, assisting a company with their employees. The company has found that their employees do not work well as a team.
2. Discuss one way in which the application of personality theory could be used to help the employees achieve better teamwork.

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4 marks [A2]

1. Discuss one ethical issue that may be associated with this application of personality theory.

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4 marks